



COURSE OUTLINE: NRT234 - ADVEN REC LEADERSHIP

Prepared: Lawrence Foster

Approved: Bob Chapman - Dean

Course Code: Title	NRT234: ADVENTURE RECREATION & PARKS LEADERSHIP
Program Number: Name	5212: ADVENTURE RECREATION
Department:	NATURAL RESOURCES PRG
Academic Year:	2025-2026
Course Description:	The leadership course for Adventure Recreation students will teach, manage and lead expeditions honing their skills and techniques in a variety of human power adventures. Judgment, assessment of capabilities and team dynamics will be the main focus of this course while the classroom will be the incredible wilderness of the Lake Superior Basin. Students will learn to persevere through bad weather, fatigue, equipment malfunctions and self-imposed barriers that humans place on themselves. Students will emerge from this course having the confidence and skills to tackle life's expeditions.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Vocational Learning Outcomes (VLO's) addressed in this course:	5212 - ADVENTURE RECREATION
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Demonstrate clear, concise and industry appropriate written, spoken and visual communication skills.
	VLO 2 Identify, discuss, organize and assess common Flora & Fauna species found throughout ON, including biological and physiological characteristics.
	VLO 3 Describe how the six park systems in Ontario are managed and operated.
	VLO 4 Identify and evaluate the requirements for leading and participating in expeditions or field exercises using a variety of Adventure Recreation activities.
	VLO 5 Start and manage a career in the Adventure Recreation and Parks field.
	VLO 6 Demonstrate a sound understanding of the significance of the Adventure Recreation and Parks Industry including relevant legislation, trends and issues.
	VLO 7 Describe the scientific method and how it shapes our understanding of the ecology of the natural world.
	VLO 8 Demonstrate an understanding of sustainable development and apply the foundations in the natural environment.
	VLO 9 Safely operate and maintain equipment used in Adventure Recreation and Park operations.
	VLO 10 Evaluate and apply current technologies and mathematical concepts used to collect, manage and analyze data.
	VLO 11 Analyze, evaluate and apply subjective and objective safety considerations for



	Adventure Recreation and Parks activities.								
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>								
Course Evaluation:	<p>Passing Grade: 50%, D</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>								
Other Course Evaluation & Assessment Requirements:	Academic success is directly linked to attendance. Missing more than 1/3 of class hours in a semester shall result in an F grade for the course.								
Books and Required Resources:	<p>Mountaineering Freedom of the Hills by Ronald C. Eng Publisher: The Mountaineers Books Edition: 9 ISBN: 978-1594851384</p> <p>AMC Guide to Outdoor Leadership by Kosseff Publisher: Globe Pequot Press Edition: 2nd ISBN: 9781934028414</p>								
Course Outcomes and Learning Objectives:	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Analyze the meaning of the term leadership in the context of recreational and commercial outdoor adventure.</td> <td> 1.1 Demonstrate outdoor adventure leadership. 1.2 Recognize the elements of each of the three components of outdoor adventure leadership (hard skills, soft skills, motivation) and relate to your own experience. 1.3 Differentiate between natural and contractual leadership, and defined leadership and peer-to-peer leadership. 1.4 Describe the barriers to effective leadership. 1.5 Identify and demonstrate the fundamental responsibilities of an outdoor leader. </td> </tr> <tr> <th>Course Outcome 2</th> <th>Learning Objectives for Course Outcome 2</th> </tr> <tr> <td>2. Plan and deliver a</td> <td>2.1 Investigate appropriate sources for relevant theory and</td> </tr> </tbody> </table>	Course Outcome 1	Learning Objectives for Course Outcome 1	1. Analyze the meaning of the term leadership in the context of recreational and commercial outdoor adventure.	1.1 Demonstrate outdoor adventure leadership. 1.2 Recognize the elements of each of the three components of outdoor adventure leadership (hard skills, soft skills, motivation) and relate to your own experience. 1.3 Differentiate between natural and contractual leadership, and defined leadership and peer-to-peer leadership. 1.4 Describe the barriers to effective leadership. 1.5 Identify and demonstrate the fundamental responsibilities of an outdoor leader.	Course Outcome 2	Learning Objectives for Course Outcome 2	2. Plan and deliver a	2.1 Investigate appropriate sources for relevant theory and
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Course Outcome 2	Learning Objectives for Course Outcome 2								
2. Plan and deliver a	2.1 Investigate appropriate sources for relevant theory and								

	one-hour application-based workshop on an assigned topic in outdoor adventure leadership.	case studies and develop a strategy of 2.2 communicating this with the class. 2.3 Develop scenarios to practice key learning points in a controlled setting (indoor or outdoor). 2.4 Facilitate debriefing sessions to review outcomes of scenarios. 2.5 Present material in a confident, professional manner, with effective communication skills and the appropriate use of support material.
	Course Outcome 3	Learning Objectives for Course Outcome 3
	3. Conduct a self-assessment of personal leadership qualities.	3.1 Understand and apply the three pillars of outdoor adventure leadership (hard skills, soft skills and motivation) in analyzing your own experience and knowledge. 3.2 Identify strengths, weaknesses and goals for improvement through reflection.
	Course Outcome 4	Learning Objectives for Course Outcome 4
	4. Assist in the delivery of an outdoor expedition for a group of peers.	4.1 Determine and delineate leadership structure, roles and responsibilities. 4.2 Develop a teaching plan with time estimates, equipment lists and outcomes. 4.3 Integrate a variety of teaching techniques to connect with different learning styles.
Course Outcome 5	Learning Objectives for Course Outcome 5	
	5. Identify and respond to key issues in outdoor adventure leadership through a variety of case studies and scenarios.	5.1 Participate in instructor and student-led workshops. 5.2 Apply decision-making, risk management and crisis management strategies in addressing every day and emergency scenarios in an outdoor adventure context. 5.3 Demonstrate the ability to work collaboratively and efficiently in assessing possible responses. 5.4 Use group discussion and personal reflection to evaluate outcomes of decisions and demonstrate the ability to apply this knowledge in the future.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignments	50%
Log book	10%
Tests and labs	40%

Date:

August 20, 2025

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

